



廖寶珊紀念書院

Liu Po Shan Memorial College

學校通訊

2018年3月號

地址：新界荃灣綠楊新邨 電話：2499 6711 傳真：2490 9392 電郵：info@lpsmc.edu.hk

在學業、操行、體藝、服務或其他方面特別出色，或取得飛躍進步的學生，會獲選為「校長嘉許生」，受到表揚。

校長嘉許生

- 中一級：雷禮詩 曹慧然 黃楠 陳卓堅
- 中二級：張源原 譚凱瑩 韓健文 鄧少邦
- 中三級：黃艷香 何璟言 張慧琳 鄺芷瑩
- 中四級：徐洛瑤 簡滄頤 陳美玲 黃詠堯 黃琬婷
- 中五級：賴倩彤 嚴崇軒 陳曉斌 洪翔 張詩咏
- 中六級：謝卓桁 譚建榆 蔡慧怡 鄭梓諾 梁穎



四優生

「操行四優生」指在勤學、紀律、校服儀容和人際關係均取得A級的學生，是同學們的好榜樣。

中一級



張志婷 林心兒 雷禮詩 謝曉晴 鄭雅詩
張惠筠 伍義玥 吳穎彤 謝琛徐 徐沅晞
鄭婉婷 林昱呈 李綺琪 麥信軒 陳雨虹
葛曉鈞

中二級



張恩桐 張源原 朱芷穎 陳蒼 陳靜怡
劉曉晴 蕭焯嵐 譚綺嵐 韓健文 吳穎妍
鍾倩 劉靜芳 李海僮 林艷 鄧少邦

中三級



徐熙琳 林芷澄 梁浩洋 伍曉恩 黃艷香
楊樂彤 陳家慧 陳融昕 林志達 林愷恩
林芯頤 林欣怡 林榆欣 張彩妍 周弘軒
阮海汶 張家傑 鄺芷瑩 梁嘉寶

中四級



徐洛瑤 冼俊熹 鍾穎聰 陳美玲 程文軒
林頌斌 劉臻妮 劉冠延 吳彥霖 曾慧琳
黃欣怡 麥峻耀 蘇椿婷 戴子軒 賴婧婷
梁智慧 鄧珈妍 曾靖文 黃琬婷 楊佩彤

中五級



賴倩彤 王穎琳 梁倩萍 李芷晴 劉欣榕
呂穎汶 張圓圓 洪翔 林洵榆 李凱培
盧晞珞 魏靈歡 陳曉維 陳靜蓉 范俊彥
郭諾琳 林智榮 梁詠欣 林琰汶

中六級



黃俊銘 梁詩欣 梁桓陶 譚建榆 王梓琦
周卓軒 張嘉怡 林子淇 李雅芬 吳佩穎
鄭梓諾 蔡曉隆 李詠文 麥曉晴 吳梓慧
沈君禧 唐家茵 黃衍豐 陳展楷 李泳茵
孫汶鏡 譚天慧 黃嘉盈

科技獎項

5D李凱培、5D謝育佑、5D盧晞珞、5D呂諾、5E蝟箐偉、5A張寶華及5A鄭梓聰於「深水埗青年科技節——青年科技習作比賽2017-18」獲高中組一等獎。

校友消息

校友李樂敏（2015年畢業）以優異成績名列香港浸會大學國際學院2016-17年度「學院成績優異榜」。



運動獎項

本校手球隊於荃灣及離島區校際手球賽獲下列獎項：

男子甲乙組亞軍：

5E石思涵、5E林浚謙、5D盧晞珞、5D朱榕滿、
5D王樂軒、4D鄺展坤、4C馬立強、4B馮展希、
4B鍾權睿、4A李焯恭、4A鄭謙佑、4A張雄昊

女子甲乙組亞軍：

5E陳海彤、5E林欣欣、5E張愷彤、5B葉子晴、
4B黃樂瑤、4C朱保頤、4C吳海琳、3A陳子晴、
3D殷童、2B鄭希喆、2D陳泳言



烹飪獎項



4C劉臻妮於「荃灣區低鹽低糖甜品食譜設計比賽」中以「蕃薯月餅」獲得「最佳創意食譜獎」。



1B林卓生及1A張志婷參加中區獅子會「有營有格、煮出健康新生活，小廚神大比拼」，分別獲冠軍及季軍。



本校學生於「安健學校」積分獎勵計劃——護心烹飪比賽中獲得以下獎項：

亞軍：2B陳靜怡、2B戴芷穎、2B余真希
季軍：2C羅依琪、4D蘇椿婷
優異獎：1B周俊希、4C劉臻妮、4C陸詠霖



1B林卓生

我在小時候已經學會製作手工麵（就像上海麵）、曲奇餅、蛋包飯、飯團等食物，而令我印象最深刻的一道菜是手工麵，因為小時候的我十分活躍，而搓麵團的過程可以令我發揮無限創意，十分適合我活潑的性格。

在參加「小廚神大比拼」之前，我花了不少時間練習，早在農曆新年前的兩個星期開始練習烹製。比賽前一天，我買來食材再試作菜式，怎料經老師和同學試吃後，都認為蝦的肉質太脆軟，老師認為可能是蝦不夠新鮮的緣故。考慮到這些蝦也是翌日比賽用的材料，我有點擔心。父母得悉後，竟答允在比賽日的大清早到市場為我重新購買鮮蝦，實在令我非常感動。

之後，媽媽帶我和另一位參賽同學來到比賽場地。要在陌生人面前烹調，我們都很緊張，不過，評審先生安慰我們，叫我們將比賽當成遊戲。慢慢地，我們適應了現場的環境和氣氛，全心投入烹調，跟著平日練習的步驟處理食材，過程十分順利。最後我竟奪下冠軍，卻是有點意外了！

我很感謝父母對我的幫助，要不是他們願意大清早替我重新採購食材，我的菜式肯定會大打折扣，更感謝他們一直的支持，讓我在烹飪路上找到無窮樂趣。



1A 鄭曉倩	1B 鄭雅詩	1C 爾穎詩	1D 李思霖	
2A 孫美儀	2B 伍宇晴	2C 吳穎妍	2D 潘星任	
3A 林芷澄	3B 林榆欣	3C 張彩妍	3D 譚奕俊	
4A 戴雪妍	4B 陳浩弘	4C 陳曉鎔	4D 麥峻耀	4E 楊佩彤
5A 徐文軒	5B 王穎琳	5C 劉欣榕	5D 李凱楷	5E 馬俊傑

JA Company Programme

Twenty-four S.5 students taking the Business, Accounting and Financial Studies joined the Junior Achievement Company Programme (JA Company Programme). Under the guidance of professional advisors, they established and operated a real company of their own, and marketed their products to the public in the Trade Fair at Kwun Tong Promenade in February.

5E Wong Wing -sze

Joining the JA Company Programme has been a meaningful experience for me. Through this programme, I learnt how to run a successful business. As "Mobile Promoters", my teammates and I had to be brave, confident and cheerful so that we could attract customers to buy our products. We designed a gorgeous display board with all the product samples pinned on it. Although the board was very heavy and the trade fair was crowded, I still held the board above my head and kept shouting "Booth 58! Booth 58!", trying hard to attract our potential customers to visit our booth.

The activity has enhanced my confidence and communication skills. I developed an interest in serving as a marketing personnel when I tried my best to explain to people what were the selling points of our products. Moreover, it gave me an opportunity to learn about the important considerations in marketing and promotional activities. It also gave me a chance to understand myself better so that I can have a clearer direction when I am planning for my future career.



5D Ho Wing -laam

I'm very happy to join the JA Company Programme and be the CEO of our company, Zenith. I was responsible for leading my team to achieve our goal. To this end, I needed to employ different skills, such as leadership skill, communication skill, crisis management skill and so on.

Respecting intellectual property was another thing I learnt from this activity. At first, we did not pay enough attention to this aspect when we designed our products. It then turned out that some logos we used for our products were copyrighted, and thus selling them would breach the copyright act. Facing this crisis, I had to respond quickly since we didn't have enough time to change our design. I sent an email to the company, which was located in England, and asked for the approval for using

their logos on our products. Fortunately, our request was approved and we could carry on with our activity.

This experience was very valuable and useful. It taught me how to tackle problems in a real business world. It also made me understand the importance of communication and mutual respect. Starting a company is not as easy as I had been expecting, but the skills I learnt from this activity can serve as strong support when I really want to run a company of my own in the future.



The LPS English Drama Club Presents -



“Who is the Murderer?”

By Mr. Francis Ho

The annual family dinner is holding at Adam’s house tonight. Every family member has been busy preparing for the party and guests are arriving one by one. However, this joyful dinner has turned into a murdering scene and a big secret is involved. Everyone is suspected and who is the ultimate murderer? The greedy housekeeper? Or snobbish auntie Emma? Or anyone else? Would the inspection of police and the participation of the family ghost be able to find out the truth?

Students’ Reflection

2B Tai Tze-wing, Michelle

The title of our drama is “Who is the Murderer?” In the story, Sir Adam and Lady Angelina are the manor owners. They have a pair of twins, Tony and Tammy. In addition, another person is unexpectedly claiming to be the child of the owners in the later part of the story.

A lot of characters are involved in the story: Cousin Cassie with her luggage appearing at the dinner party, Auntie Emma who likes to shout, the exhausted maid who prepares food for the party, and Carrie, the victim of the murder, and so on. Above all, I think that the ghost, who often comes in and out of the drama is the most interesting character.

This drama is highly suspicious and I don’t want to disclose the story more. Please pay attention to the performance days and I’m sure you will not be disappointed.



1A Chan Tsz-in, Tammy

I want to share my experience as a new student in this school. In the beginning, I was worried about going to school because everything was new to me: new teachers, new classmates and a new club. At first, I didn’t choose the Drama Club because I thought it was boring. Then the teacher invited me to join. After the first gathering, I found that it was so much fun indeed. We played a lot of different games and learned about performance skills in the process. The senior members performed very well, and they taught me how to perform better. I became more and more active in this Club. Now, I have made friends with many club members and I love the English Drama Club very much.

3D Cheung Ka-kit

For me, joining the English Drama Club is a complete coincidence since my preferred ECA society was full. On the first day when I attended the Drama Club gathering, I felt nervous. I was shy and had no experience of performing in front of other people. However, the members of the Drama Club were warm-hearted and friendly, and encouraged me to open up myself. Moreover, I found that the drama games were interesting and I enjoyed playing them very much.



My English was poor, but I got a lot of chances to practice listening and speaking English over the last few months when I had to communicate with members of the Drama Club. Thus, this helped me improve my English gradually. I have to admit that the Club is quite useful and helpful. It helped improve my acting skills. Now I enjoy every gathering of the Drama Club. Although I still find that acting is in fact very difficult and challenging, I love it.